

Purpose

CT Hearing Voices Network Groups are based firmly on a belief in self-help, mutual respect and understanding. They provide a safe space for people to share their experiences of voices, visions, unusual sensory perceptions, and to support one another. They are peer support groups involving social support and belonging, not therapy or treatment. The groups can offer an opportunity for people to accept and find meaning in their experiences in a way that helps them regain power over their lives.



Confidentiality

CT Hearing Voices Network Groups are confidential. What is discussed in the groups stays in the groups.

Respect

CT Hearing Voices Network Groups welcome the diversity of experiences and views of the members. Rather than seeing one belief system as more valid than another, all explanations for voice and vision experiences are valued. There is no assumption of illness

Flexibility

Rather than being solely focused on voices and visions, group members are welcome to talk about any issue that is important to them.

Membership

Membership of the groups is intended to be made up of people with lived experience of voices, visions and other unusual sensory perceptions. The groups recognize the importance of being truly member-led. Each participant has an important part to play in determining the direction of the group.

Facilitation

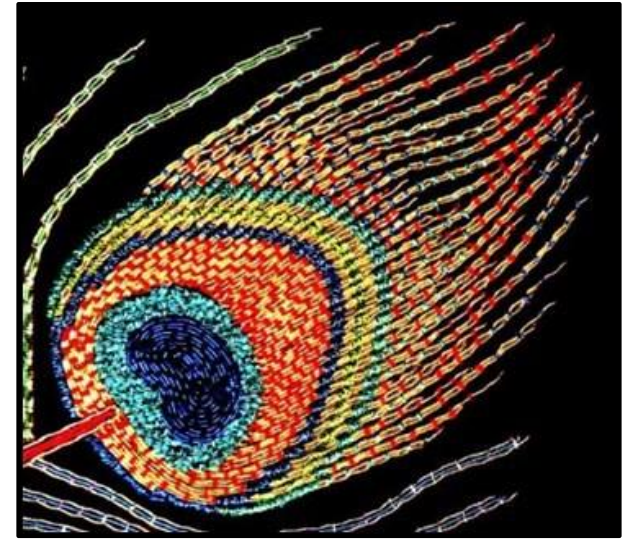
CT Hearing Voices Network Groups facilitators are trained and certified by Hearing Voices Network USA

Statewide Online/Phone-in Peer Support Group
Sundays 7:00pm – 8:30pm

Contact: Jenna for Access Information
(860) 995-9172 or

Email: jmiller@advocacyunlimited.org

This CT HVN group is specifically for those with personal lived experience of voices, visions, and negotiating alternative realities (versus family members, allies or care-givers).



CT HEARING VOICES NETWORK

By Advocacy Unlimited, Inc.

**Offering
Connection and
Community for People
Who Hear Voices, See
Visions or Other Unusual
Sensory Perceptions**

Website: www.cthvn.org



Email: connect@cthvn.org
Phone: (860) 995-9172

Statewide Support Groups

Bridgeport HVN Group

Meets: Tuesdays 2:30pm – 4:00pm
Bridgeport Library - Black Rock Branch
Community Room # 3
2705 Fairfield Avenue, Bridgeport, CT
Contact: Jim (203) 881-8557

Bridgeport Inpatient RESOURCE Group

(Not open to the public)
Meets: Thursdays 3:00pm – 3:45pm
Bridgeport Hospital - West Tower 9
267 Grant Street, Bridgeport, CT
Contact: Jenna (860) 995-9172

Bridgeport SWCMHS Inpatient HVN Group

(Not open to the public)
Meets: Thursdays 1:00pm – 2:00pm
Southwest CT Mental Health System
PICU II – 7th Floor
1635 Central Avenue, Bridgeport, CT
Contact: Jenna (860) 995-9172

Bridgeport SWCMHS HVN Group

(Middle Street, GBCMHC & FSD clients only)
Meets: Thursdays 11:00am – 12:00pm
Greater Bridgeport Community Mental Health Center
4th Floor - Room 417
1635 Central Avenue, Bridgeport, CT
Contact: Jenna (860) 995-9172

Deep River HVN Group

Meets: Wednesdays 1:00pm – 2:30pm
First Congregational Church of Deep River
1 Church Street, Deep River, CT
Contact: (860) 526-2624

East Haven HVN Group

Meets: Mondays 6:30pm – 8:00pm
Christ & The Epiphany Church - Library
39 Park Place, East Haven, CT
Contact: Jennifer (860) 329-1503

Enfield HVN Group

Meets: Tuesdays 6:30pm – 8:00pm
Parish Center – St. Patrick's Church
73 Pearl Street, Enfield, CT
Contact: Denise (860) 216-7064

Greenwich HVN Group

Meets: Tuesdays 7:00pm – 8:30pm
Community Room of
50 Brookside Drive, Greenwich, CT
Contact: Melissa (203) 442-5117
Email: mthomas@pways.org

Hartford IOL HVN Group

Meets: Thursdays 5:00pm – 6:30pm
Institute of Living
Todd Building – Bunker Room
200 Retreat Avenue, Hartford, CT
Contact: Bonnie (860) 666-8207

Hartford Toivo HVN Group

Meets: Tuesdays 2:30pm – 4:00pm
Toivo by Advocacy Unlimited, Inc.
399 Franklin Avenue, Hartford, CT
Contact: Edina (860) 293-6343

Middletown HVN Group

Meets: Mondays 10:00am – 11:30am
Buttonwood Tree Performing Arts & Cultural Center
605 Main Street, Middletown, CT
Contact: Jenna (860) 995-9172

New Britain HVN Group

Meets: Fridays 1:30pm – 3:00pm
The Friendship Center - Conference Room
85 Arch Street, New Britain, CT
Contact: (860) 212-9623 or (860) 922-2116

New Haven CMHC HVN Group

(CHMC clients)
Meets: Mondays 10:00am – 11:00am
Connecticut Mental Health Center
2nd Floor - Room 273
34 Park Street, New Haven, CT
Contact: Dorene (203) 974-7863

New Haven Inpatient RESOURCE Group

(Not open to the public)
Meets: Wednesdays 3:45pm – 4:30pm
Yale-New Haven Psychiatric Hospital
184 Liberty Street, New Haven, CT
Contact: (203) 804-5507

New Haven HVN Group

Meets: Wednesdays 2:30pm – 4:00pm
Wilson Branch Library
Lower Level - "Family Place" Room
303 Washington Avenue, New Haven, CT
Contact: Jim (203) 881-8557

New Haven YOUTH HVN Group

(AGES 12 – 19 Starts: August 2017)
Meets: Mondays 4:30pm – 5:30pm
Wilson Branch Library
Lower Level - "Family Place" Room
303 Washington Avenue, New Haven, CT
Contact: Judy (203) 376-3905

New Haven PARENTS/FAMILY HVN Group

(Starts: August 2017)
Meets: Mondays 4:30pm – 5:30pm
Wilson Branch Library
Lower Level - Conference Room
303 Washington Avenue, New Haven, CT
Contact: Judy (203) 376-3905

New London HVN Group

Meets: Fridays 7pm – 8:30pm
All Souls Unitarian Universalist Church
Emerson Room
19 Jay Street, New London, CT
Contact: Jenna (860) 995-9172

Norwalk HVN Afternoon Group

Meets: Tuesdays 12:30pm – 2:00pm
HSC Community Services Center
1 Park Street, Norwalk, CT
Contact: Jenna (860) 995-9172

Norwalk HVN Evening Group

Meets: Wednesdays 6:30pm – 8:00pm
HSC Community Services Center
1 Park Street, Norwalk, CT
Contact: Jenna (860) 995-9172

Waterbury HVN Group

Meets: Tuesdays 2:00pm – 3:00pm
Discovery Center
95 Thomaston Avenue, Waterbury, CT
Contact: Jenna (860) 995-9172